



# Friday Night Out

## Informational Handbook

### Respite Services



**Easterseals Crossroads**

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## REGISTRATION FORMS

- Complete a registration packet annually for each participant (ages 18+ who lives with a legal guardian) who will attend
- Submit current IEP, behavioral support plan, and/or medical diagnosis information
- Complete supplemental forms for any individuals with seizure disorder, special diet/food allergies, or feeding tube use
- All forms will be reviewed by the program coordinator or program manager
- All participants will be assigned a level of care based on age and individual needs to provide safe and nurturing care for all participants

## EVENTS

- Friday Night Out: Fourth Friday of the month, 6:00 pm to 9:00 pm, at the Keystone location and community partner sites.
- We will notify families ahead of time about special off-site events.

## SCHEDULING

- Event dates and locations are emailed monthly by the program coordinator
- Families may attend one event per month
- Parents/caregivers are eligible to receive a Parent Care Package every other month
- Registration for an event opens the Thursday before at 12:00 pm (Example: January 12<sup>th</sup> event opens at noon on Thursday, January 4<sup>th</sup>)
- You will receive an email confirmation of successful registration from the program coordinator

## CANCELLATION

- Please notify the program coordinator or manager as soon as possible if you are unable to attend and event your family is registered for
- If advance notice is not given the following procedures will occur:
  - First occurrence: communication about the miss from the program coordinator
  - Second occurrence: one month pause on scheduling for events
  - Third occurrence: three months pause on scheduling for events

## DROP-OFF/PICK-UP

- Friday Night Out drop-off begins at 6:00pm, pick-up is no later than 9:00 pm
- Drop-off must occur within 30 minutes of the stated start time
- Parents/caregivers must be available by phone while their teen(s) are attending an event
- If medication will be administered to any participant, it must be checked in with the Team Lead at drop-off: this includes prescription, over the counter, or seizure medication
  - Medication must be in its original container
  - Parents/caregivers must complete a medication form with specific dosage and timing information
- During sign-in parents will review g-tube feeding instructions with the Team Lead
- Please verbally review/remind staff of any significant allergy at time of drop-off
- Please notify the Team Lead of any food you plan to leave at the event
- Timely pick-up is very important. The program manager will discuss any late pick-ups
- In the case of impaired parents/caregivers:
  - Staff will use their best judgment in determining if a parent/caregiver is impaired and unable to ensure the safety of the participant.
  - If deemed necessary, staff will contact another authorized user or emergency contact on the registration form. If they are not available, Yellow Cab will be contacted and paid for by Easterseals Crossroads to ensure the families safety
- If the parents/caregivers decline alternative transportation and transports the participant themselves then staff are required to notify authorities

## BEHAVIOR MANAGEMENT

- Easterseals Crossroads utilizes Safety Care training and certification to provide support for all participants
- Safety Care teaches Respite staff best practices to understand behavior, maintain a safe and nurturing environment, and ensure physical safety for all
- If the risk of harm is significant Safety Care physical management may be used
- Parents/caregivers will be called if safety is not able to be maintained

## WHO WE ARE

The Easterseals Crossroads Respite Program provides opportunities for self-care while your children are engaged in a safe and nurturing environment. These services are provided at no cost to the family. We look forward to registering your family to take part in our program. This handbook will serve as your guide for all processes and procedures.

## CONTACT US

Please direct all compliments, concerns and questions to the program manager or program coordinator as follows:

- Joe Mattingly, Manager of Camps & Respite Services
  - [jmattingly@eastersealscrossroads.org](mailto:jmattingly@eastersealscrossroads.org)
  - 317.466.1000, ext. 2422
  
- Karen Kelley – Program Coordinator
  - [kkelley@eastersealscrossroads.org](mailto:kkelley@eastersealscrossroads.org)
  - 317.466.1000, ext. 2504