

### A Report Denoting the Biggest Year in the

# Center's 28 Years of Service to the Handicapped

Nineteen hundred sixty-four represented the most phenomenal growth period in Crossroads' 28 year history. The ever-growing and unprecedented confidence physicians and the public place in Crossroads is testimony to the great need Crossroads is filling in rehabilitation and pays tribute to its excellent services. Enthusiastic support for Crossroads continues to grow because "at Crossroads you see where your money goes and more important, you see the *good* it does."

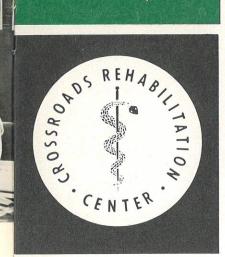
As a locally owned and administered community supported rehabilitation center, Crossroads will continue this phenomenal growth rate to better serve the community, through Medical, Social, Psychological, Vocational, and Educational services.

The twenty-eight year history of Crossroads' growth is an inspiring tribute to its lay leaders, the medical profession, its staff, and to the thousands whose personal interest have made Crossroads the finest rehabilitation center in the world. Crossroads is not only the largest outpatient community comprehensive rehabilitation center in the world — but the best!

Crossroads renders a complete comprehensive rehabilitation service to all who need such service, from minor sprains to severe disability due to disease, congenital defects, severe accident or deformity. A team concept is the basis for all Crossroads' Services, with the Medical Director serving as co-ordinator.



Social Service. Headed by a Registered Social Worker, this department admits patients, conducts social evaluation, personal and family counseling, gathers medical data from the referring physicians and integrates services and patients through weekly case conferences with the staff.



Physical Therapy. A staff of seven registered Physical. Therapists give all Physical Therapy treatments at Crossroads, utilizing the latest methods and most modern equipment—diathermy, whirlpool, paraffin bath, hydrocollator packs, Hubbard tank, and other devices—Crossroads is the best equipped rehabilitation facility in the world.



Speech Therapy. Supervised by a graduate Speech Therapist, speech defects are treated that may include aphasia, delay of speech, articulation, dysartheria, stuttering, hypernasality, abnormal pitch, tongue thrust, vocal paralysis, and laryngectomy



Psychological Service. Qualified psychologists measure and evaluate personality, vocational interests and intelligence of patients and consult with the patient and other members of the staff concerning psychological and emotional problems surrounding the patient's disabilities.



Occupational Therapy. All treatments are given by Registered Occupational Therapists. Using graded activities for muscle strengthening and increasing range of motion, maximum physical restoration is

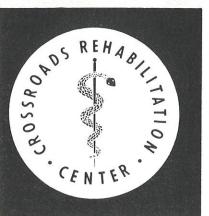


Activities of Daily Living. Actions we take for granted must be taught to Crossroads patients by registered Occupational Therapists. Training in self care. dressing techniques, handwriting, prosthetics, instruction in homemaking, and construction of self help and adaptive devices make patients as self-sufficient as possible.

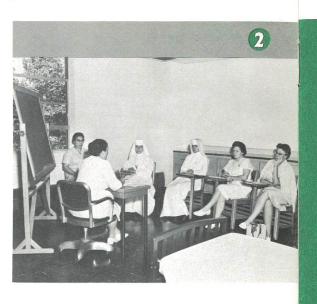


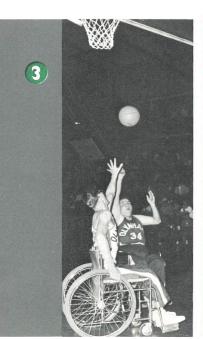
Homebound. Crossroads' services are extended to the severely disabled who cannot be transported to the Center for treatment or who need assistance in re-arranging their home facilities to adapt to their present needs.

### World's Largest Out-Patient









**Nursery School.** Crossroads nursery, staffed by qualified teachers, assisted by trained volunteers, provides an opportunity for crippled children aged three through five to participate in group activities. Nursery school gives the child time to improve physically, adjust emotionally, develop socially, and prepare for the transition to the public school systems.

Research and Education. A research project on the status in rehabilitation of adult hemiplegics is being conducted under the direction of the Research Foundation of Purdue University. Crossroads' staff are assisting in the project to find the best methods and techniques to rehabilitate cerebral vascular accident (stroke) patients. A second project has been launched on the assessment and evaluation of the hemiplegic gait. A new program for instruction of rehabilitation nursing techniques is now available for nurses from throughout the state of Indiana. Headed by a registered Physical Therapist, the course is being conducted through the cooperation of the Indiana State Board of Health.

**Recreation.** Programmed recreation is directed toward emotional adjustment of the patient through participation, planning, and organization of activities, from wheel-chair basketball and olympics to Camp Fire Girls and Cub Scouts. Other activities include adult handcraft class, teenage and adult social groups and day camp. Crossroads' recreation program provides socialization so vital to the readjustment of all ages.

### Comprehensive Community Center







Day Camp. One hundred children annually enjoy the camping activities of Camp Crossroads. Arts and crafts, nature study, swimming, games and outdoor cooking are just a sample of the many wonderful experiences shared by handicapped children.

Teen-Age Work Adjustment. Supervised by a registered Occupational Therapist, handicapped teenagers develop a sense of independence, responsibility, good work habits and suitable vocational goals. The program, which is supplemental to their academic education, offers an opportunity for socialization and group participation.

**Driver's Training.** Supervised by a qualified and experienced instructor, physically handicapped adults and teenagers have an opportunity to participate in the only driver's training course for the handicapped in Indiana. Driving lessons are given on a full powered, dual control automobile equipped with hand controls.

### Financial Statement

1963-64



#### INCOME

United Fund, general contributions, Easter Seals, clubs, sororities, memberships, public spirited citizens, companies, labor unions, fees, and other earned income. Total Income

\$435, 193, 44

#### EXPENSES AND SERVICES

The following detail shows how your money was spent to help 1,722 handicapped persons live a better, happier and more useful life.

#### I Medical Services

Medical and professional supervision for treatment of 1518 persons.

684 individuals were given 46,744 treatments in physical

538 persons were given 10,307 treatments in occupational therapy. \$14,382.41

192 children and adults were given 4,658 speech treat-\$11,911.18

169 paralyzed women were taught self care and to care for home and family; 53 home patients were included.

#### **II Vocational Services**

112 were vocationally evaluated by 7,342 individual days of testing for abilities, aptitudes, interests and job opportunities.

232 individuals received intensive vocational counseling to overcome problems and develop them for employment. 5,114 hours were devoted to training. 174 persons were satisfactorily employed by business and industry. Their combined yearly earnings are estimated to be \$626,-400.00. (You made a good investment.) \$5,880.85

135 were given adjustment training and vocational work shop experience. They earned substantial income while \$78,475.14

#### III Social Psychological Services

1722 individual patients were served, admissions, case work, personal and family problems solved and patient program coordinated.

139 patients were psychologically evaluated, counseled with and helped to adjust to normal.

#### IV Educational Services

300.281 brochures and pamphlets were developed and published, books, slides, film strips and other aids made available to patients, families and general public.

33 little boys and girls, 3, 4, 5 years old profited from the model nursery. They gained physical improvement, social development and emotional security so they could

105 registered nurses were enrolled at the Center to learn rehabilitation nursing techniques.

17 universities and colleges are affiliated with Crossroads \$8,534,11 for training professional personnel

3044 participants enjoyed recreation activities: noncompetitive; cub scouts, campfire girls, day camping, swimming, boating, fishing, picnics, teen canteen and adult league: competitive sports; wheel chair basketball, wheel chair track teams, bowling, swimming, archery

1859 volunteers contributed thousands of hours of time, energy and themselves to the services of the Center

Thousands of individual pieces of information were developed to be mailed to citizens all over Indiana. Brochures for the medical profession, guides for parents and safety rules were developed and mailed \$17,034.00

#### V General Services

17,620 patient trips were made to and from the Center for the purposes of receiving therapy, training, employment, social adjustment, psychological help and recrea-

Utilities, custodians, maids, insurance, repairs, equipment, supplies, state and national affiliations, depreciation, improvement of buildings and grounds, postage,

Annual meeting of the membership (stockholders of the largest outpatient comprehensive rehabilitation center in

\$9 165.82 18 420 meals were served in the cafeteria

Administration, management, accounting, auditing, supplies, purchasing, secretarial services

#### VI Research and Demonstration Services

Four research projects were conducted-two for C.V.A. (stroke) patients, one in vocational evaluation and one pilot project to prevent school drop outs.

We wish to acknowledge our gratitude to the following for making these research and demonstration projects successful: Research Foundation, Purdue University; Easter Seal Research Foundation; Department of Special Education, Indianapolis Public School; The Indiana State School for the Deaf; and the Vocational Rehabilitation Division of Indiana

#### VII Capital Investment

A new wing to the building was completed, furnished and equipped. It was quickly filled to capacity. Additional equipment was purchased for all departments. As new improved scientific equipment is produced, your Center purchases and uses it. That is one of the reasons we succeed when others fail

475,017.71 Total Expenses 435,193,44 Total Income 39.824.27 40,000.00 Transferred from Depreciation Balance-August 31, 1964 175.73

All income and expenses subject to the annual audit of Herdrick, Boggs and Co., Certified Public Accountants.

# Crossroads Board of Directors

### PRESIDENT'S REPORT

Over a period of 28 years, this community has made a substantial investment of 41/2 million dollars in Crossroads.

One million treatments in Occupational Therapy, Physical Therapy, and Speech Therapy have been given to 18,396 men, women and children. We have just completed the greatest year of growth and service in Crossroads' 28year history.

As President of the Board of Directors, I wish to personally thank the endless number of prominent citizens who have given so unselfishly of their time and interest and who also made financial sacrifices in order to provide these vital services for the physically, emotionally and mentally handicapped persons

in Central Indiana.

Yours sincerely,

ROBERT D. PICKETT, M.D. President



### EXECUTIVE DIRECTOR'S REPORT

Thousands of interested persons have made possible the contribution Crossroads has made to 1,722 lives this year. Numbers and statistics are not adequate measures of the social, psychological and emotional values of housewives returned to their homes and families, children treated and able to continue their education, men returned to selfsupport and self-respect. They do, however, reflect the vital need for Crossroads' services to individuals and to the community:

Crossroads will continue to grow in order to retain its leadership as the most outstanding community rehabilita-

tion center in the world. Population figures alone dictate that we meet the need vigorously, with determination to maintain the high standards which have been formulated and maintained throughout the past 28 years.

On behalf of Crossroads' outstanding staff, I extend my grateful appreciation to the thousands who have contributed so generously of their knowledge, abilities, resources and time. We can, collectively, take great pride in the accomplishments of Crossroads and look forward to years of even greater service to the physically handicapped. Yours sincerely,

> ROY E. PATTON, LL.D. Executive Director

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### CROSSROADS REHABILITATION CENTER, INC.

3242 SUTHERLAND AVENUE, INDIANAPOLIS, WALNUT 4-3251 ROY E. PATTON, LL.D., Executive Director.





