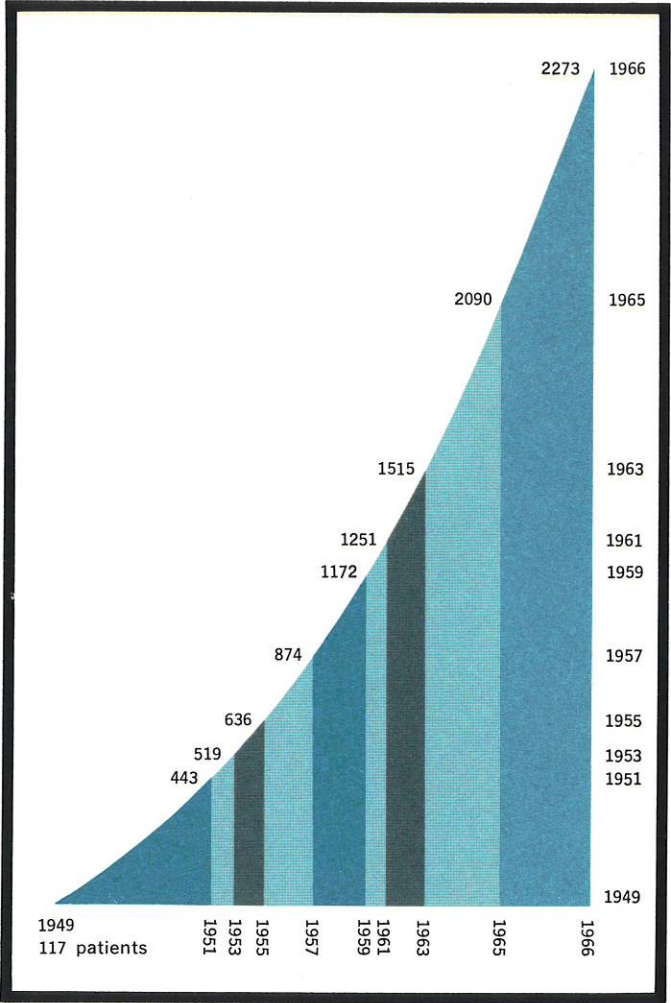




30 YEARS OF HELPING HANDS

CROSSROADS REHABILITATION CENTER • 1966 ANNUAL REPORT

30 YEARS OF HELPING HANDS



For 30 years the skilled hands of therapists, psychologists and teachers have ministered unto the handicapped at Crossroads Rehabilitation Center. They selflessly continue to do so today.

They bring hope to the hopeless. They care for children and adults who suffer from more than 40 different disabilities...teaching them to walk, to talk, to live normal lives.

During 1966, 2,273 patients were treated. 84,011 treatments were administered. And 23,881 patients were transported to and from the Center.

These cold statistics give warm testimony to the great work of many hands at Crossroads, which is frequently called the best rehabilitation center in the United States. It is also the largest.

These hands also belong to volunteers who contribute unstintingly of their time and talents to help the handicapped over hurdles.

All of these hands combine to provide the most complete rehabilitation service for the mentally, emotionally and physically handicapped, regardless of sex, race, creed or geographic location of their homes.

Strongly linked with the hands of professional and volunteer staffs of Crossroads are the hands and minds of physicians. They refer patients to the Center, retaining complete control of their treatment.

But these many hands would be severely hampered except for the hands of Crossroads' friends who provide lay leadership, who contribute dollars to its growth and who make Crossroads an inspiration not only to residents of Central Indiana, but to the nation.

Because of these many helping hands, Crossroads is able to provide the best medical, social, psychological, vocational, educational, research and demonstration services available today.

THE OUTSTANDING SERVICES OF CROSSROADS



1

Crossroads is only as good as the services it provides. Pictured on this and succeeding pages are some of the many outstanding services provided by the skilled hands and minds of the Crossroads professional staff.

1. Occupational Therapy—Muscle strengthening and increasing the range of motion are chief objectives of occupational therapy. Maximum physical restoration is accomplished by registered occupational therapists who employ graded activities.

2. Speech Therapy—Speech defects treated at Crossroads include aphasia, delay of speech, articulation, dysarthria, stuttering, hypernasality, abnormal pitch, tongue thrust, vocal paralysis and laryngectomy.

All treatments are administered by graduate speech therapists all of whom have Masters Degrees.

3. Activities of Daily Living—Most of us take for granted normal motions such as picking up a telephone. But for the person with an artificial hand or other disability such activities must be learned.

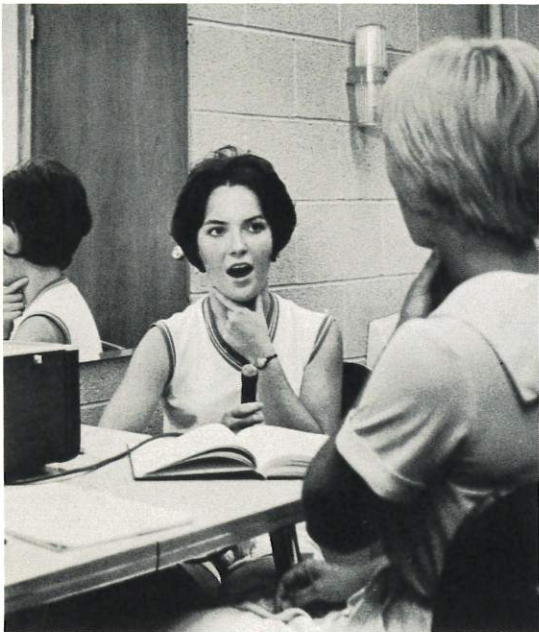
Registered occupational therapists train handicapped people in self care, dressing techniques, handwriting prosthetics, homemaking and the construction of self help and adaptive devices.

4. Homebound Training—Crossroads does not confine its activities to the Center. Severely disabled people who are unable to leave their homes receive treatment and assistance in re-arranging their homes to compensate for their disabilities.

5. Physical Therapy—Highly skilled registered physical therapists use the most advanced methods to restore hand movement to an elderly stroke victim, to teach a little girl to walk with braces on both legs, to train an accident victim in the use of an artificial limb.

Aiding the therapists in their work is modern equipment which has earned for Crossroads the accolade: "Best equipped rehabilitation center in the world." This equipment includes diapulse and diathermy units, whirlpool and paraffin baths, hydrocollator packs and Hubbard tanks.

Volunteers (not illustrated)—The wonderful work of Crossroads would be severely hampered except for dedicated volunteers who give unstintingly of their time and talents to help the handicapped. Last year more than 3,000 volunteers donated 37,374 hours of service to Crossroads. Their assistance included work at the day camp, in the nursery, in the development program and in the therapy departments. They also assisted with the Easter Seal campaign and other special events.



2



3



4



5

MORE OUTSTANDING SERVICES



1. Developmental Program—This program is conducted for mentally retarded or brain damaged five and six year olds. It is staffed by two graduate special education instructors who are assisted by trained volunteers. Motor-perceptual activities are taught to prepare children for attendance in regular or special education classes in the public schools.

2. Day Camp—Handicapped children are denied the pleasures of normal camping activities. For this reason, Crossroads conducts a day camp for 100 handicapped children at Camp Crossroads. A qualified recreation director supervises the camp and is assisted by 50 trained volunteers. Arts and crafts, nature study, swimming, games and outdoor cooking are some of the experiences enjoyed by these children.

3. Social Service—Registered, graduate social workers admit patients, conduct social evaluations, provide personal and family counseling, gather medical data from referring physicians and integrate service and patients through weekly case conferences with the professional staff.

4. Driver's Training—Crossroads offers the only driving course in Indiana for the handicapped. It gives physically handicapped adults and teenagers the opportunity to take driving lessons in a dual control automobile equipped with hand controls. Training is supervised by a qualified, experienced instructor.

5. Nursery School—Crippled children are often denied the opportunity to participate in group activities. That's why Crossroads nursery is so important to handicapped children between the ages of three and five. The nursery school—staffed by a graduate special education teacher who is assisted by trained volunteers—give children the opportunity to improve physically, adjust emotionally, develop socially and prepare for transition to the James E. Roberts School for Crippled Children, other public or parochial schools.

Psychological Service (not illustrated)—Crossroads' service encompasses emotional as well as physical disabilities. Qualified psychologists measure and evaluate personality, determine vocational interests and measure intelligence. They consult with patients and staff members concerning psychological and emotional problems which have a bearing on patients' disabilities.

Recreation (not illustrated)—Just as recreation is assuming a more and more important part in the lives of non-handicapped people, so it is important to the handicapped. At Crossroads, programmed recreation is directed toward emotional adjustment of the patient through planning, organization and participation. Activities range from wheelchair basketball and wheelchair Olympics to Camp Fire Girls, Girl Scouts, Cub Scouts and Boy Scouts. Other activities include adult handcraft classes, teenage and adult social groups plus field trips.



STILL MORE OUTSTANDING SERVICES



1. Nursing Education—So highly regarded is Crossroads staff that it conducts—with the cooperation of the Indiana State Board of Health—a course in rehabilitation nursing techniques. During the three years of its operation, more than 400 nurses have participated in this program.

2. Vocational Training—Qualified instructors supervise various training courses for the handicapped, including the training of nurses aides, switchboard operation, janitorial and maid service, typing and bookkeeping.

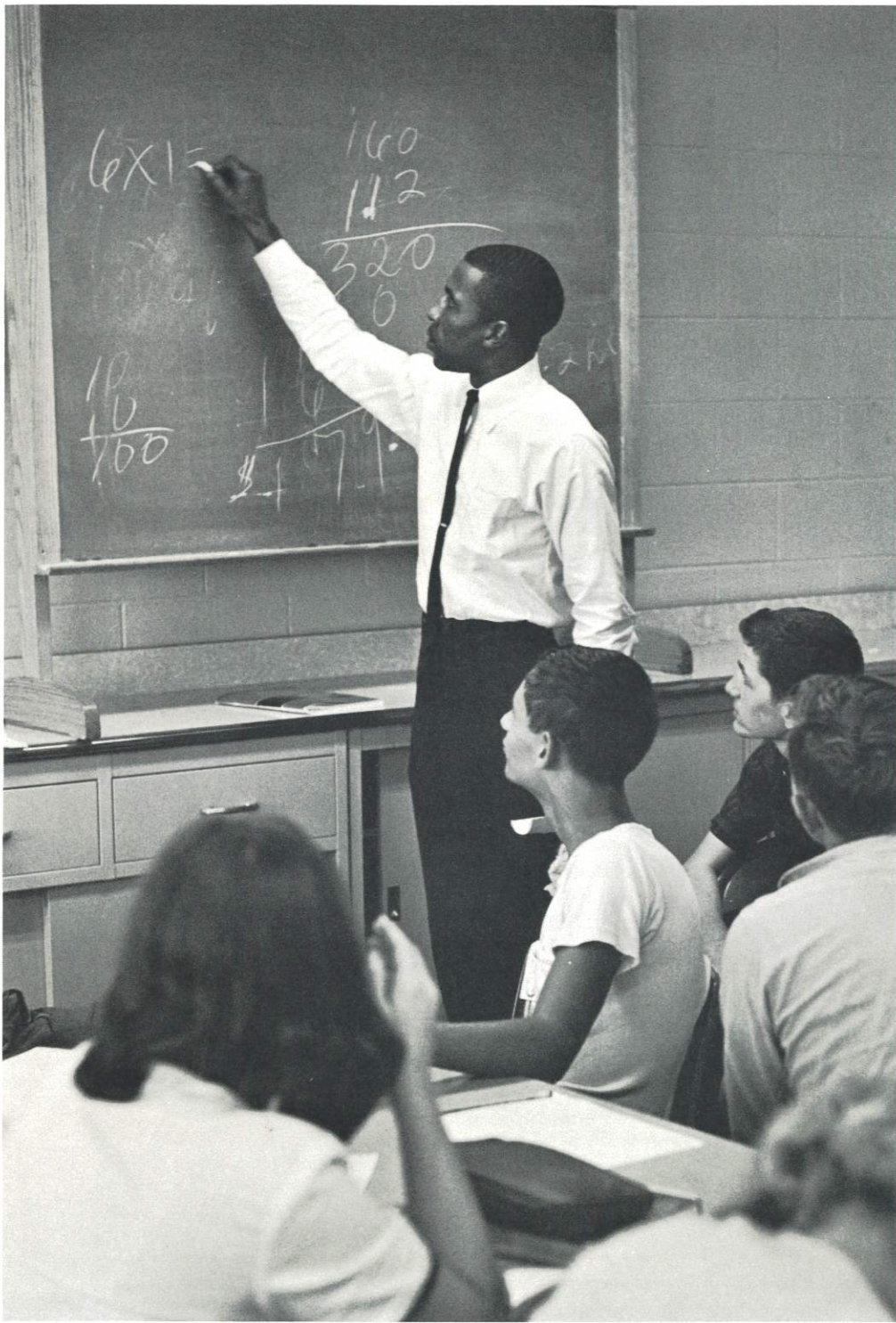
3. Teen-Age Work Adjustment—This year around program for retarded teenagers gives them the opportunity to develop good work habits, responsibility, independence, suitable vocational goals, social adjustment and the feeling of belonging to a group. It is supervised by a registered occupational therapist, and is conducted with the cooperation of the State Department of Vocational Rehabilitation, the Indianapolis Public School System and the Harry E. Wood High School.



4. Vocational Workshop—Crossroads provides gainful employment for patients while they build physical tolerance, improve dexterity and develop emotional balance. This leads many into responsible jobs in industry. The Crossroads' shop also provides gainful employment for severely disabled people who are not accepted for work elsewhere.

Vocational Evaluation (not illustrated)—This program is supervised by a registered occupational therapist. Its objectives are to review work experience, evaluate physical capacities and manual skills and select job objectives commensurate with the patients' physical limitations and aptitudes.

Vocational Counseling (not illustrated)—A graduate vocational counselor discusses the patients' vocational problems, evaluates his physical capabilities and determines a suitable vocation. The counselor also maintains contact with industrial personnel directors to arrange for interviews and job applications.



STAFF RECEIVES INTERNATIONAL RECOGNITION

The success of any institution is largely determined by its staff. And Crossroads high professional standards have been internationally acclaimed.

Authoritative *Hospital Topics* has stated, "Crossroads has the most complete rehabilitation program of any Center in the nation. Crossroads is the pace-setter for others to follow."

Crossroads has also been lauded by publications closer to home. The *Indianapolis News* recently editorialized, "The success of Crossroads is a tribute to its dedicated leaders and medical men."

The *Indianapolis Star* followed suit with an editorial titled, "Magnificent Work." It read, in part, "So successful has it been in its dedication that Crossroads has grown through the years to become the largest outpatient comprehensive rehabilitation center in the world."

The dedicated, skilled staff of Crossroads has provided more than 1,892,463 treatments to 23,986 patients during its 30 years of service. Patients have included corporation presidents, housewives, children and salespeople. In fact, almost every walk and station of life is represented among its patients.

All Crossroads therapists are graduates of colleges and universities approved by the American Medical Association. They are also registered members in good standing of their respective national organizations.

The Medical Director is a Diplomate of the Board of Orthopedic Surgery and is a member in good standing of the American Medical Association, Indiana State Medical Association and the Marion County Medical Society.

Drivers of the eight-station-wagon fleet provide transportation for patients who are not ambulatory. They have now driven 8,448,321 accident-free miles.

Proof of the staff's exceptional abilities are the many honors and awards its members have received.

K. R. MANNING, M.D., Medical Director, is a past president of the Association of Rehabilitation Centers, Inc., and a former recipient of the President's Citation for the Outstanding Physician of The Year.

ROY E. PATTON, LL.D., Executive Director, is a member of the National Re-organization Committee, Easter Seal Executive Planning committee and the National Personnel committee of the National Society for Crippled Children and Adults, and Past President of the Association of Rehabilitation Centers.

MRS. GLADYS PATTON, R.S.W., is the author of "Program Planning for Coordinators of Rehabilitation Centers" which was presented at the Institute for Crippled and Disabled.

SHELLEY STONE, Ph.D., is a member of the American Psychological Association, Division of Educational and Division of Counseling Psychology, American Personnel and Guidance Association, Division of Counselor Education and Supervision, and has published numerous articles in professional journals and is the co-author of a textbook entitled "Fundamentals of Guidance".

MRS. ETHELWYNE G. ARNHOLTER, Ph.D., Psychologist, was a member of the Governor's Youth Council in 1963. She published an article in the *Rehabilitation Record*, "Putting Unemployables to Work." She also wrote "Attitudes Toward the Disabled" for the *Rehabilitation Counseling Bulletin*, and is the author of "Vocational Rehabilitation of the Disabled" presented at the World Federation for Mental Health.

MRS. CAROLYN TUCKER, Public Education Director, is a member of the Governor's Commission for the Handicapped, and a member of the Education Committee of the Public Relations Society of the American Hospital Association.

MISS KATHLEEN MURPHY, O.T.R., Supervisor, Occupational Therapy, is the author of an article in the *American Occupational Therapy Journal*.

JOHN RIEKENA, O.T.R., Assistant Director, is past vice president of the Indiana Occupational Therapy Association and past program chairman, a clinical instructor for Occupational Therapy students at Indiana University and a member of the National Rehabilitation Association.

MRS. HILDA POER, R.N., Nursing Education, is a member of the National League for Nursing, the Community Services Council and the author of an article in the *Indiana Nurse* magazine.

MRS. JANET ARBUCKLE, R.S.W., Social Service, is a member of the National Rehabilitation Association and the National Association for Rehabilitation Counselors.

University Affiliations

- | | |
|---|--|
| State University of New York at Buffalo | Western Michigan University |
| Butler University | Richmond Professional Institute of the College of William and Mary |
| Indiana University | Kansas University |
| Mount Mary College | Boston University |
| Southern Illinois University | Lawrence College |
| Purdue University | Marian College |
| College of St. Catherine | Ohio State University |
| Loma Linda University | |

Memberships

- The American Hospital Association
- The Association of Rehabilitation Centers
- Indiana Hospital Association
- Indiana State Conference of Social Work, Inc.



A STATEMENT OF INCOME, EXPENSES AND SERVICES

from September 1, 1965 to August 31, 1966

Income:

United Fund Income	\$204,770.00
Crossroads Income	574,182.31
Total	<u>\$778,952.31</u>

Expenditures by Services:

(For 2,273 patients)

MEDICAL SERVICES

1. Medical Direction and Supervision.	\$17,798.82
2. Physical Therapy. 900 patients received 51,769 treatments.	40,466.28
3. Occupational Therapy and Activities of Daily Living. 693 patients received 12,888 treatments.	17,789.23
4. Speech Therapy. 301 patients received 6,923 treatments.	12,296.28

VOCATIONAL SERVICES

1. Vocational Training Shops. 284 severely handicapped developed good work habits, skills, responsibility, work toler- ance and earned an average of \$1.25 per hour.	239,384.59
2. Vocational Evaluation. 116 physically, mentally and emotionally hand- icapped were evaluated for employment po- tential.	8,100.00

SOCIAL-PSYCHOLOGICAL SERVICES

1. Social Service. 2,273 individuals were processed, counseled, directed and aided in solving personal and family problems.	21,396.11
2. Psychological Services. 621 tests were administered, interpreted and used for guidance, direction and counseling.	10,969.11

EDUCATIONAL SERVICES

1. Public Education. 350,000 brochures, pamphlets, booklets, re- ports, slides, films, plus news articles, spot announcements for radio and television and purchasing of materials.	35,727.86
2. Nursery Education. 40 boys and girls—3, 4 and 5 years old—re- ceived fundamental growth and development through individual and group training.	13,695.55

3. Nursing Education (Rehabilitative).

175 Nurses, Registered Nurses and Licensed Practical Nurses, received direct training in prevention of deformity and techniques for patient improvement.	\$ 24,861.56
---	--------------

4. Recreation and Volunteers.

More than 3,000 participated in organized rec- reation. 1,896 volunteers contributed 33,902 hours.	7,228.71
--	----------

5. Mailing Services.

Distribution of extensive educational service materials, postage, printing and the like.	14,171.40
---	-----------

GENERAL SERVICES

1. Transportation.

A fleet of station wagons transported 23,881 persons for treatment, training, evaluation, work adjustment and recreation.	43,254.03
---	-----------

2. Operation and Maintenance.

Repairs to building and equipment, custodial, reception, supplies, utilities, grounds, power and the like.	100,811.94
--	------------

3. Cafeteria.

Food service for patients and staff.	24,513.84
--------------------------------------	-----------

4. Administration.

Administration, supervision, accounting, au- diting, purchasing and supplies.	44,372.61
--	-----------

RESEARCH AND DEMONSTRATION

1. Pre-school Developmental.

19 brain-damaged children—5 and 6 years old—learned to balance and walk, talk, asso- ciate with others and develop school readi- ness.	12,496.56
---	-----------

2. Teen Work Adjustment.

70 mentally retarded 13 to 16 year olds had intensive personal adjustment and evaluation for work potential and work skills develop- ment. All were potential school "drop outs."	51,035.86
--	-----------

CAPITAL IMPROVEMENT

Two new additions to the building were com- pleted, loading dock doubled, a complete new cafeteria installed, new parking lot added, equipment and furniture purchased.	80,157.36
Total Expenditures	<u>\$812,684.04</u>
Deficit	33,731.73

Subject to annual audit by Herdrich Boggs Co., Certified Public Accountants.

A MESSAGE FROM THE PRESIDENT



Emory R. Baxter, *President*

Over a period of 30 years, this community has made a substantial investment of six million dollars in Crossroads. During this period of time, 1,892,463 treatments in Occupational Therapy, Speech Therapy, Physical Therapy, and Activities of Daily Living have been given to 23,986 men, women and children. New programs are constantly being developed as we continue to strive to meet the needs of the handicapped persons in this community.

As president of the Board of Directors, I wish to personally thank the endless number of prominent citizens who have given so unselfishly of their time and interest and who also made financial sacrifices in order to provide these vital services for the physically, emotionally and mentally handicapped persons in Central Indiana.

EXECUTIVE DIRECTOR'S REPORT



Roy E. Patton, LL.D., *Executive Director*

Thousands of interested persons have made possible the contribution Crossroads has made to 2,273 lives this year. Numbers and statistics are not adequate measures of the social, psychological and emotional values of housewives returned to their homes and families, children treated and able to continue their education, men returned to self support and self respect. They do, however, reflect the vital need for Crossroads' services to individuals and to the community.

Crossroads will continue to grow in order to retain its leadership as the most outstanding community rehabilitation center in the world. Population figures alone dictate that we meet the need vigorously with determination to maintain the high standards which have been formulated and maintained throughout the past 30 years.

On behalf of the outstanding Crossroads staff, I extend my grateful appreciation to the thousands who have contributed so generously of their knowledge, abilities, resources and time. We can, collectively, take great pride in service to the handicapped.

STAFF

Roy E. Patton, LL.D., *Executive Director*
 K. R. Manning, M.D., A.B.O.S., *Medical Director*
 Henry D. Shanklin, Ph.D., *Psychologist*
 Ethelwyne G. Arnholter, Ph.D., *Psychologist*
 Mrs. Carolyn Tucker, B.A., *Assistant Director, Educational Services*
 Mrs. Gladys Patton, B.A., R.S.W., *Assistant Director, Social-Psychological Services*
 John Riekema, B.S., O.T.R., *Assistant Director, Evaluation and Adjustment*
 James Fisher, R.P.T., *Assistant Director, Medical Services*
 Charles Stewart, B.A., *Assistant Director, Procurement and Production*
 Shelley Stone, Ph.D., *Director, Research and Demonstration*
 James C. Shanks, Ph.D., *Consultant*
 Mary Mann, Ph.D., *Consultant*
 Mrs. Janet Arbuckle, B.S., R.S.W., *Social Service*
 Mrs. Diane King, B.A., *Social Service*
 Mrs. Jane Mitchell, B.S., *Social Service*
 Miss Mary White, B.A., *Secretary, Social Service*
 Mrs. Ann Morgan, *Secretary, Social Service*
 Mrs. Galvesta Harris, B.S., R.P.T., *Physical Therapy*
 Miss Jenell Utley, B.S., R.P.T., *Physical Therapy*
 Miss Elissa Sheets, B.S., R.P.T., *Physical Therapy*
 Mrs. Ruth Baum, B.S., R.P.T., *Physical Therapy*
 Mrs. Beth Bagley, R.N., R.P.T., *Physical Therapy*
 Mrs. Carol Hartfelter, R.P.T., *Physical Therapy*
 Mrs. Johann Gilbert, Aide, *Physical Therapy*
 Walter Burkholder, Aide, *Physical Therapy*
 Mrs. Ann Chilman, M.A.T., *Supervisor, Speech Therapy*
 Mrs. Nanette Byrum, B.A., M.A., *Speech Therapy*
 Mrs. Carolyn Marlett, B.A., M.A., *Speech Therapy*
 Miss Kathleen Murphy, B.S., O.T.R., *Occupational Therapy*
 Mrs. Nancy Strahl, L.P.N., *Occupational Therapy*
 Jerry Williams, Aide, *Occupational Therapy*
 Miss Dian Miller, Aide, *Occupational Therapy*
 Stanley Corklin, B.A., *Work Supervisor*
 Miss Sara Hunt, B.A., *Work Supervisor*
 Miss Jane Zink, *Work Supervisor*
 Ronald Roembke, B.A., *Work Supervisor*
 Michael Gallagher, *Work Supervisor*
 Mrs. Gretchen Sullivan, B.S., *Supervisor, Special Education*
 Mrs. Jaunita Russell, *Assistant, Special Education*
 Fred Jones, *Shop Foreman*
 Mrs. Mary Weber, *Secretary, Shop*
 Kent DeVaney, *Assistant, Contract Procurement*
 Mrs. Carolyn Hartley, *Supervisor, Volunteers*
 Mrs. Susan Harrison, *Public Education*
 Mrs. Virginia Pattison, B.S., *Executive Secretary*
 Mrs. Donna Frakes, *Secretary*
 Mrs. Jacqueline Evans, *Secretary, Shop*
 Mrs. Carolyn Evans, *Typist*
 Mrs. Pat Shell, *Medical Secretary*
 Mrs. Mae Smith, *Supervisor, Bookkeeping*
 Mrs. Linda Claypool, *Assistant Bookkeeper*
 Miss Linda Heath, *Assistant Bookkeeper*
 Mrs. Joretta Bridges, *Receptionist*
 Mrs. Barbara Tucker, *Secretary, Transportation*
 Mrs. Jo Ann Cottrell, *Mail Room*
 Mrs. Ona Phillips, *Mail Room*
 Mrs. Hilda Poer, A.B., R.N., *Nursing Education*
 Forest McBain, *Senior Driver*
 Louis Gordon, *Driver*
 Curtis Richardson, *Driver*
 Adolphus Holland, *Driver*
 Warren Burris, *Driver*
 Rufus Marsh, *Driver*
 Mrs. Vi Hill, *Supervisor, Cafeteria*
 Mrs. Lola Pullen, *Cafeteria*
 Andy Anderson, *Supervisor, Maintenance*
 Albert Burton, *Custodian*
 James Shelton, *Custodian*
 Harold Baxter, *Custodian*
 Harrison Ashby, *Custodian*

BOARD OF DIRECTORS

Emory R. Baxter, *President*
 G. Ward Cresson, *Vice President*
 Mrs. John D. Tucker, *Secretary-Treasurer*
 Cornelius O. Alig, Jr.
 Thomas W. Binford
 Mrs. Richard F. Conner
 William C. Griffith, Jr.
 Philip W. Hedrick, M.D.
 L. E. Kincannon
 William R. Krafft
 K. R. Manning, M.D.
 Robert B. McConnell
 Dennis S. Megenhardt, M.D.
 Walter H. Pagenkopf
 Fred E. Parker
 Robert D. Pickett, M.D.
 J. Albert Smith

HONORARY DIRECTORS

Robert S. Ashby, *Attorney*
 Noble L. Biddinger
 Earl A. (Tim) Blakley
 Edwin H. Gable
 John W. Hedges
 Walter H. Huehl
 Harry T. Ice
 Howard E. Nyhart
 Earl H. Schmidt
 James A. Stuart
 Mrs. Harry M. Trausch
 Karl R. Zimmer

MEDICAL ADVISORS

Robert D. Pickett, M.D., *Chairman*
 Charles W. Cure, M.D.
 William H. Norman, M.D.
 Max S. Norris, M.D.
 Bertram S. Roth, M.D.
 Donald M. Schlegel, M.D.
 Dwight W. Schuster, M.D.
 Herbert L. Sedam, M.D.
 Donald E. Stephens, M.D.
 J. William Wright, Jr., M.D.





CROSSROADS REHABILITATION CENTER 3242 Sutherland • Indianapolis, Indiana 46205 • Phone: 924-3251