Parents’ Night Out  (Fridays, 6:15 p.m. - 10:00 p.m.)
Typically scheduled for the 1st, 2nd, 3rd and 4th Fridays each month, this program provides care for children with disabilities and their siblings ages 6 months through 12 years at these locations and days:

**East**  1st, 2nd, 3rd, and 4th Fridays: Easterseals Crossroads, 4740 Kingsway Drive, Indianapolis

- Jan 10, 17, 24 | Feb 7, 14, 21, 28 | Mar 6, 13, 20, 27
- Apr 3, 10, 17, 24 | May 1, 8, 15 | Jun 5, 12, 19, 26

**South**  1st Fridays: Indian Creek Christian Church, 6430 S. Franklin Road, Indianapolis

- Jan 3 | Feb 7 | Mar 6 | Apr 3 | May 1 | Jun 5

**West**  4th Fridays: Ben Davis Christian Church, 701 S. High School Road, Indianapolis

- Jan 24 | Feb 28 | Mar 27 | Apr 24 | May 15 | Jun 26

Parents’ Day Out  (Saturdays, 10:00 a.m. - 2:00 p.m.)
Jan 18, Feb 22, Mar 21, Apr 18, May 16, Jun 20

*Easterseals Crossroads, 4740 Kingsway Drive, Indianapolis, IN*
Typically offered on the 4th Saturday each month for children with disabilities and their siblings ages 6 months through 12 years.

Teen Events  (in partnership with Carmel Clay Parks & Recreation at Monon Community Center)
Teen events offered for individuals 13-17 with disabilities focus on peer interaction in a variety of activities

**Teen Night Out**  (Fridays, 6:00 p.m. - 9:00 p.m.)
Jan 17, Jan 31, Feb 28, Mar 6, Mar 27, Apr 17, May 8, May 22, Jun 26, Jul 10, Jul 24, Aug 7

*Monon Community Center, 1235 Central Park Drive East, Carmel, IN*

**Teen Bowling Night**  (Fridays | 6:00 p.m. - 8 p.m.)
Feb 7, Apr 24, Jun 12, Aug 14

*Woodland Bowling Center, 3421 E. 96th Street, Indianapolis, IN | Teen night for individuals 13-17 with disabilities*

**CHEER**  (Fridays | 6:00 p.m. - 9:30 p.m.)
Jan 10, Feb 14, Mar 13, Apr 11(Saturday Formal), May 16, Jun 12

*Easterseals Crossroads, 4740 Kingsway Drive, Indianapolis, IN*
Typically offered on the 2nd Friday every month for adults 18+ with disabilities, this program offers themed events and activities such as dances, game nights, movie nights, dinner parties and more.

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**Reservations and registration required** for all respite events; call Emily at 317.466.1000 x2504 or email at egarvin@eastersealscrossroads.org

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4740 Kingsway Drive  •  Indianapolis, IN 46205  •  317.466.1000  •  eastersealscrossroads.org